

Diabetes

DINING CLUB

FOR PREVENTION AND CONTROL



JOIN US Enjoy physical activity, dine on healthy food, meet new friends and learn more about diabetes prevention and control.

CURRENT SCHEDULE 2010

Goshen United Methodist Church

19615 Goshen Road
Gaithersburg, MD 20876

Mar 1

April 5

May 3

June 7

Mount Calvary Baptist Church

608 N. Horner's Lane
Rockville, MD 20850

Mar 8

April 12

May 10

June 14

Colesville United Methodist Church

52 Randolph Road
Silver Spring, MD 20904

Mar 25

April 22

May 27

June 24



Dining Club meets March through November - 6:30 to 9:00 pm

RSVP

One week before club night
Please Call - Diane at 301.421.5767
Cost for Dinner: \$5.00

African American
Health Program

www.onehealthylife.org

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For more information call 240.777.1833.



To make a difference, join us in the effort to eliminate health disparities for African Americans in Montgomery County.